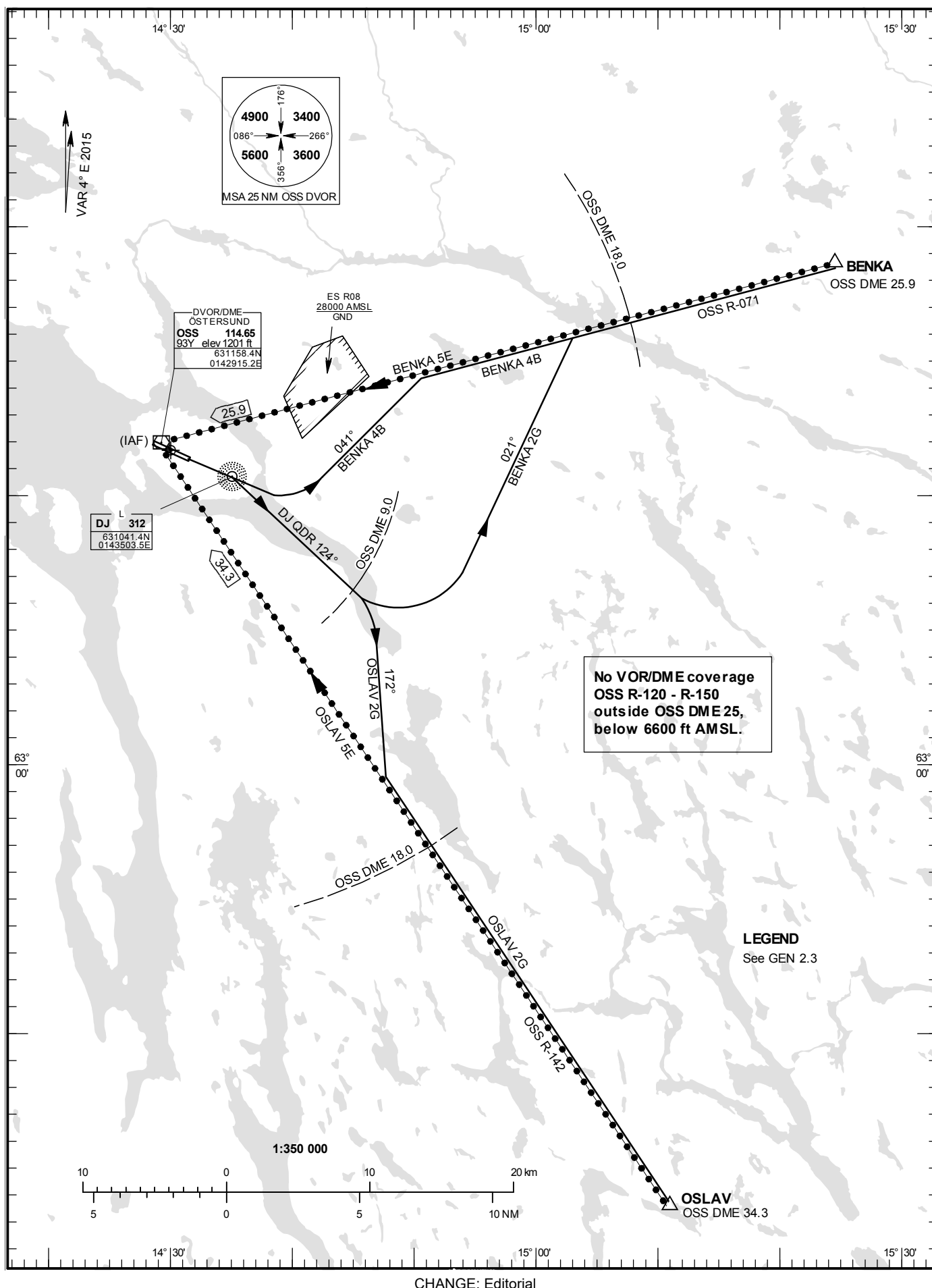


HGT and ALT in ft
BRG are MAG
TA 6000 ft AMSL

ÅRE ÖSTERSUND
SID and STAR RWY 12



LFV

ÅRE ÖSTERSUND

DEPARTURE (SID)

BENKA FOUR BRAVO DEPARTURE (BENKA 4B)

Straight ahead to 2800 ft with MNM climb gradient 260ft/NM (4.3%). Turn left to track 041°, intercept R-071 OSS and proceed to BENKA.

BENKA TWO GOLF DEPARTURE (BENKA 2G)

Straight ahead to DJ with MNM climb gradient 260ft/NM (4.3%), then turn right to QDR 124° DJ. At DME 9.0 OSS turn left to track 021°, intercept R-071 OSS and proceed to BENKA.

OSLAV TWO GOLF DEPARTURE (OSLAV 2G)

Straight ahead to DJ with MNM climb gradient 260ft/NM (4.3%), then turn right to QDR 124° DJ. At DME 9.0 OSS turn right to track 172°, intercept R-142 OSS and proceed to OSLAV.

ARRIVAL (STAR)

BENKA FIVE ECHO ARRIVAL (BENKA 5E)

At BENKA intercept R-071 OSS, not below 3800 ft until DME 18.0 OSS. Proceed on R-071 OSS to OSS, not below 3600ft.

OSLAV FIVE ECHO ARRIVAL (OSLAV 5E)

At OSLAV intercept R-142 OSS, not below 3800 ft until DME 18.0 OSS. Proceed on R-146 OSS to OSS, not below 3600ft.